

# Monique S. Balthazar, DNP, PhD (she/her/hers)

## Professional Appointments

**Assistant Professor** August 2020 - Present

Georgia State University Byrdine F. Lewis College of Nursing and Health Professions

**Clinical Instructor** May 2020 - Present

Emory University Nell Hodgson Woodruff School of Nursing

## Education and Training

**Emory University** August 2020

Postdoctoral Fellowship, Improving Health Outcomes - T32 Nurse Scientist Training Grant

**Case Western Reserve University** March 2014

Doctor of Philosophy in Nursing

*Dissertation:* The Impact of Population Characteristics and Health Behaviors on the Immunologic Function of People Living With HIV/AIDS in a Midwestern City

Doctor of Nursing Practice

*Scholarly Project:* The Impact of Population Characteristics on the Health Behaviors of People Living with HIV/AIDS in a Midwestern City

**Case Western Reserve University** December 2012

Post-Masters Certificate, Adult-Gerontology Acute Care Nurse Practitioner

**Vanderbilt University** August 2010

Master of Science in Nursing, Family Nurse Practitioner

**Andrews University** May 2008

Bachelor of Science in Nursing

Bachelor of Art in French Studies

## Professional Certification

Family Nurse Practitioner (FNP-BC), ANCC

Adult-Gerontology Acute Care Nurse Practitioner (AGACNP-BC), ANCC

BLS, ACLS, PALS

## Professional Licensure

Registered Nurse: Georgia

Advanced Practice Nurse: Georgia

## Clinical Experience

### **Care Alliance Health Center, Certified Nurse Practitioner** **December 2015 – August 2018**

- Federally Qualified Health Center providing services to the homeless and those in and around public housing
- Provide direct primary, preventative and therapeutic care to male and female patients of all age groups
- Order and interpret diagnostic tests and procedures including lab studies, x-rays, electrocardiograms, and pulmonary function tests
- Formulate and implement a plan of care
- Provide health education
- Women's health including long-acting reversible contraception (LARC)
- Medication- Assisted Treatment (MAT) for opiate and alcohol addiction

### **White Earth Health Center, Certified Nurse Practitioner** **September 2014 – December 2015**

- Indian Health Service clinic providing health services to Native American and Alaska Natives
- Provide direct primary, preventative and therapeutic care to patients of all age groups
- Take patient histories and perform physical assessments
- Order diagnostic tests and procedures including lab studies, x-rays, electrocardiograms, and pulmonary function tests
- Formulate and implement a plan of care
- Provide health education

### **CVS MinuteClinic, Certified Nurse Practitioner** **August 2013 – September 2014**

- Walk-in retail clinic to assess and treat minor illnesses and injuries
- Take patient histories and perform physical assessments
- Order and review results of diagnostic testing
- Make diagnoses and prescribe treatment regimens
- Make referrals as indicated
- Provide health education, health screening and preventative services

### **University Hospitals, Registered Nurse** **November 2010 – September 2014**

- Float to help cover nursing shortages on different floors and units throughout the hospital including outpatient clinics, intensive care, emergency department, cardiac step down, medical/surgical, orthopedics, neurology, pediatrics, medical oncology, hematology oncology, neurology oncology, and behavioral health
- Patient admissions, take histories, and perform physical assessments
- Assist with treatments and procedures
- Administer medications, perform EKGs, venous blood drawing, IV-drug administration and line maintenance, clean and dress wounds
- Administer blood/blood products
- Coordinate patient care, referrals, social services, and outpatient treatments

- Provide patient education and discharge instructions

**Vanderbilt University Medical Center, Registered Nurse**

**June 2009 – August 2010**

- Worked on the Hematology/Oncology unit providing primary nursing care to patients with multiple myeloma, leukemia, Hodgkin's and non-Hodgkin's lymphoma, sickle cell disease, and solid tumor cancers.
- Patient admissions, take histories and perform physical assessments
- Administered medications, perform EKGs, venous blood drawing, IV-drug administration and line maintenance, clean and dress wounds
- Assisted with treatments and procedures including bone marrow biopsies and transplants
- Administered chemotherapy and blood/blood products
- Coordinated patient care, referrals, social services, and outpatient treatments
- Provided patient education and discharge instructions

**Centennial Medical Center, Registered Nurse**

**June 2008 – June 2009**

- Worked on the Hematology/Oncology unit providing primary nursing care to patients with multiple myeloma, leukemia, Hodgkin's and non-Hodgkin's lymphoma, and solid tumor cancers.
- Patient admissions, take histories and perform physical assessments
- Administered medications, perform EKGs, venous blood drawing, IV-drug administration and line maintenance, clean and dress wounds
- Assisted with treatments and procedures including bone marrow biopsies and transplants
- Administered chemotherapy and blood/blood products
- Coordinated patient care, referrals, social services, and outpatient treatments
- Provided patient education and discharge instructions

## Research Interest

My career focus is on improving health outcomes by translating science into clinical practice. I am particularly interested in exploring the biological underpinnings of sleep. My primary objective is improving sleep health and overall health outcomes in vulnerable populations. I am especially interested in using metabolomics to discover biomarkers, significant to sleep, that can be used to improve precision sleep health in clinical practice.

## Research Activities

**Primary Investigator, Georgia State University**

**November 2021 – November 2022**

- Use of Multi-Scale Data Integration to Explore Sleep Disturbances Among Immunocompromised and Non-Immunocompromised Adults: A Feasibility Study
  - Source: NIH, National Heart, Lung, and Blood Institute (NHLBI)
  - Direct Funds: \$11,684

**Primary Investigator, Georgia State University**

**July 2021 – June 2023**

- Sleep, Metabolomics, and Immune Function in People Living with HIV

- Source: NIH Loan Repayment Program, National Institute on Minority Health and Health Disparities (NIMHD)
- Direct Funds: \$100,000 (to student loans)

**Co-Investigator, Emory University****March 2021 – March 2022**

- Self-Managing Psychological Distress among Black Transgender Women: A mixed-methods analysis of chronic stigma exposure, psychological distress, and health self-management
  - Primary Investigator: A. Sherman
  - Source: Southern Nursing Research Society Research Grant
  - Direct Funds: \$7,500

**Co-Investigator, Emory University****August 2019 – May 2021**

- TransConnect: Barriers to healthcare access among Black transgender women
  - Primary Investigator: A. Ford
  - Source: Post-doctoral to Faculty Fellowship Pilot Grant – Emory University
  - Direct Funds: \$4,000

**Primary Investigator, Emory University****April 2019 – August 2020**

- Metabolic Pathways to Symptoms and Sleep in Black adults with HIV
  - Source: T32 Training Grant – NIH, National Institute of Nursing Research (NINR), T32NR012715 (PI: S. Dunbar)
  - Direct Funds: \$5,076

**Co-Investigator, Care Alliance Health Center and University Hospitals Cleveland****July 2017 – August 2018**

- Community Access to Child Health (CATCH) Breastfeeding needs LARC
  - Primary Investigator: L. Furman
  - Source: American Academy of Pediatrics Community Access to Child Health Planning Grant (AAP CATCH Grant)

**Primary Investigator, Case Western Reserve University****August 2013 – March 2014**

- PhD Study: The Impact of Population Characteristics and Health Behaviors on the Immunologic Function of People Living With HIV/AIDS in a Midwestern City
  - Source: Clinical and Translational Scientist Training Program (CTSTP) Grant – The Clinical and Translational Science Collaborative of Cleveland, TL1TR002549 from the National Center for Advancing Translational Sciences (NCATS) component of the National Institutes of Health and NIH roadmap for Medical Research. (PI: M. Konstand)

**Primary Investigator, Case Western Reserve University****August 2013 – March 2014**

- DNP Study: The Impact of Population Characteristics on the Health Behaviors of People Living with HIV/AIDS in a Midwestern City
  - Source: Clinical and Translational Scientist Training Program (CTSTP) Grant – The Clinical and Translational Science Collaborative of Cleveland, TL1TR002549 from the National Center for Advancing Translational Sciences (NCATS) component of the National Institutes of Health and NIH roadmap for Medical Research. (PI: M. Konstand)

**Graduate Research Assistant & Interventionist, Case Western Reserve University****January 2011 – August 2013**

- IMPACT: Targeting Obesity in Urban Youth
  - Primary Investigator: S. Moore
  - Source: NIH, National Heart, Lung, and Blood Institute (NHLBI), U01HL103622 (8/14/10-5/30/17)

**Graduate Research Assistant, Case Western Reserve University****January 2011 – August 2013**

- SystemChange: Improving Long-Term Exercise in Older Cardiac Patients

- Primary Investigator: S. Moore
- Source: NIH, National Heart, Lung, and Blood Institute (NHLBI), 5R01HL084767 (7/10/06 – 3/31/20)

## Teaching Statement

My primary goal as a professor is to foster an environment where nursing students, from all backgrounds, can learn to think critically, excel in clinical practice, and achieve their highest potential. With my experience and training, I am prepared to teach nursing courses at the undergraduate and graduate levels. I am particularly interested in teaching pre-licensure and advanced pharmacology courses.

## Pedagogical Training

**Teaching Assistant Training and Teaching Opportunity Program (TATTO)** **August 2019 - April 2020**  
Emory University, Atlanta, GA

TATTO is a 4-course program designed for participants to experience different aspects of teaching while gaining new insight into best practices, technologies, and methodologies used across disciplines.

**Center for Faculty Development and Excellence: 2019 Summer Teaching Intensive** **August 2019**  
Emory University, Atlanta, GA

Lead by Emory University faculty and staff with expertise in different types of pedagogy, the Summer Teaching Intensive covered 8 modules suggesting strategies and best practices. These modules included: (1) Engaging students in Large Lecture Courses; (2) Developing Online Courses; (3) Navigating Difficult Conversations; (4) Teaching International Students at Emory; (5) Archival Methods: Primary Evidence in Teaching; (6) How to Manage/Organize Multiple Sections of a Course; (7) How to Develop Your Teaching Persona; (8) Multidisciplinary and Team Teaching.

**Educational Leadership Elective Sequence** **May 2011 – December 2011**  
Case Western Reserve University, Cleveland, OH

This optional 3-course sequence is included in the Doctor of Nursing Practice curriculum at the France Payne Bolton School of Nursing. This sequence is designed to prepare nurses to influence practice through education both clinical and academic settings.

## Teaching Activities

**Assistant Professor, Georgia State University** **August 2020 – Present**

- NURS 7550 Pharmacology for the Advanced Practice Nurse
  - Fall 2021 - Faculty
  - 4 credit hour course required for Advanced Practice Registered Nurse students in a Masters of Nursing Science Program
  - Course Enrollment: 44 students
  - This course provides the advanced practice health care provider with knowledge of pharmacological agents used in the treatment of adults, adolescents and young children. Emphasis is placed on indications, mechanisms of action, prescriptive drug protocols, techniques and dosages, drug selection, and the legal aspects of advanced practice provider prescribing.
- NURS 8990 Research Practicum
  - Fall 2021 – Course Coordinator

- 3 credit hour course required for PhD Nursing Students
- Course Enrollment: 1 Student - [REDACTED]
- This course provides the PhD student exposure to and experience with the processes involved with conducting research projects, grant writing, and scholarly publications and presentations.
- NURS 7500 Advanced Health Assessment
  - Fall 2020; Spring 2021; Fall 2021 - Faculty
  - 3 credit hour course required for Advanced Practice Registered Nurse students in a Masters of Nursing Science Program
  - Course Enrollment: 22 - 44 students
  - Asynchronous online course designed to teach advanced health assessment of individuals across the lifespan, infancy through geriatrics. Emphasis on acquiring and analyzing significant data in order to develop a comprehensive and holistic assessment. Students apply the diagnostic reasoning process in order to formulate a clinical impression or diagnosis. Two and one-half credit hours lecture, one half credit hour on-site laboratory and clinical practice (off campus hours included) to total 23 clinical practice hours.
- NURS 7340 Common Adult Health Problems
  - Fall 2020 - Faculty
  - 5-10 variable credit hour course required for Advanced Practice Registered Nurse students in a Masters of Nursing Science Program
  - Course enrollment: 23 students
  - This course prepares students to provide health promotion and maintenance activities for adult clients across the lifespan and their families, either through direct intervention or by appropriate referral. Students are trained to assess for and manage common health problems of adult clients in ambulatory health care settings. Nursing assessment and management competencies include the selection of appropriate diagnostic studies, pharmacological and other treatment interventions in collaboration with the responsible primary health care providers. Course content also focuses on nurse practitioner role socialization.

#### **Clinical Instructor, Emory University School of Nursing**

**May 2020 – Present**

- NRSG 320 Pharmacology for Nurses
  - Summer 2020; Fall 2020; Spring 2021 - Faculty
  - 3 credit hour course required for the Bachelor of Science in Nursing program
  - Enrollment: 60 – 135 students
  - This course emphasizes pharmacotherapeutic agents used in the treatment of illness and the promotion, maintenance, and restoration of wellness in individuals across the lifespan. Emphasis is placed on principles of pharmacokinetics, pharmacodynamics, and pharmacogenetics for selected illnesses.
  - Responsibilities included: preparing and delivering lectures that meet learning objectives. Creating effective online and in person learning environments. Writing, delivering, and evaluating assignments, quizzes, exams, and case studies.

- NRS 508MN Pharmacology for Nursing Practice
  - Fall 2020; Spring 2021; Summer 2021; Fall 2021 - Faculty
  - 3 credit hour course required for the Masters of Nursing pre-licensure program
  - Enrollment: 65 - 143 students
  - This course provides students with an understanding of pharmacokinetics, pharmacodynamics, and pharmacogenomics when treating selected illnesses. Emphasis is on nursing management of drug therapies in patients across the lifespan with application to the clinical setting.
  - Responsibilities included: preparing and delivering lectures that meet learning objectives. Creating effective online and in person learning environments. Writing, delivering, and evaluating assignments, quizzes, exams, and case studies.

**Teaching Assistant, Emory University School of Nursing**

**August 2019 – May 2020**

- NRS 320 Pharmacology for Nurses
  - Spring 2020 – Teaching Assistant
  - 3 credit hour course required for the Bachelors of Science in Nursing program
  - Enrollment: 91 Students
  - This course emphasizes pharmacotherapeutic agents used in the treatment of illness and the promotion, maintenance, and restoration of wellness in individuals across the lifespan. Emphasis is placed on principles of pharmacokinetics, pharmacodynamics, and pharmacogenetics for selected illnesses.
- NRS 380-200 Health Assessment
  - Fall 2019 – Teaching Assistant
  - 3 credit hour course required for the accelerated Bachelors of Science in Nursing program
  - Enrollment: 91 Students
  - This course provides beginning level knowledge and psychomotor skills necessary for assessing client's health status. Students use the nursing process framework to elicit health histories and perform physical examinations in a systematic manner.

**Adjunct Assistant Professor, Case Western Reserve University School of Nursing**

**May 2017 – May 2020**

**Clinical Preceptor, FNP, Chamberlain University College of Nursing**

**April 2018 - June 2018**

**Clinical Preceptor, FNP, Ursuline College School of Nursing**

**January 2017 - July 2017**

**Clinical Preceptor, FNP, Walden University School of Nursing**

**January 2015 - August 2015**

**Teaching Assistant, Case Western Reserve University**

**August 2011 - December 2011**

- NUND 411B Public Health Nursing
  - 2 credit hour course required for the Doctor of Nursing Practice program
  - Responsibilities included: collaborating to develop course outline to meet learning objectives, preparing and delivering lecture implementing a modified team-based learning approach, creating and grading assignments and exams.

## Mentorship and Advisement

<b>PhD Advisory Committee Member, [REDACTED] (PhD in Nursing Student)</b> Georgia State University Byrdine F. Lewis College of Nursing and Health Professions	<b>October 2021 – Present</b>
<b>Dissertation Committee Member, [REDACTED] (PhD in Nursing Student)</b> Georgia State University Byrdine F. Lewis College of Nursing and Health Professions	<b>November 2021 – Present</b>
<b>Research Mentor, [REDACTED] (BSN Student)</b> Georgia State University Byrdine F. Lewis College of Nursing and Health Professions	<b>April 2021 – Present</b>
<b>Research Mentor, [REDACTED] (Pre-Medical Student)</b> Georgia State University College of Arts and Sciences	<b>October 2020 – June 2021</b>
<b>Research Mentor, [REDACTED] (MS in Biology Student)</b> Georgia State University College of Arts and Sciences, Department of Biology	<b>October 2020 – Present</b>
<b>Scientific Writing Mentor, [REDACTED] (PhD in Nursing Student)</b> Emory University Nell Hodgson Woodruff School of Nursing	<b>July 2020 – Present</b>
<b>Scientific Writing and Research Mentor, [REDACTED] (MS in Biology Student)</b> Georgia State University College of Art and Sciences, Department of Biology	<b>April 2020 – Present</b>

## Professional Development

<b>National Institutes of Health, U.S. Department of Health and Human Services</b> Program to Increase Diversity Among Individuals Engaged in Health-Related Research (PRIDE), Behavioral and Sleep Medicine (BSM), Cohort 9, National Heart, Lung, and Blood Institute (NHLBI)	<b>July 2021 – Present</b>
<b>National Institutes of Health, U.S. Department of Health and Human Services</b> Health Disparities Research Institute Certificate of Completion, National Institutes on Minority Health and Health Disparities (NIMHD)	<b>August 2021</b>
<b>Emory University</b> Leadership Certificate Program, School of Medicine Office of Postdoctoral Education	<b>February 2020</b>

## Honors and Awards

<b>Nurse Practitioner Substance Use Disorder Medical Education Project Scholarship, American Society of Addiction Medicine</b>	<b>2021</b>
<b>National Institutes of Health Loan Repayment Program Awardee, National Institute on Minority Health and Health Disparities (NIMHD)</b>	<b>2021, 2022, 2023</b>
<b>Health Disparities Health Disparities Research Institute Trainee, U.S. Department of Health and Human Services, National Institute on Minority Health and Health Disparities</b>	<b>2021</b>



<b>Program to Increase Diversity in Behavioral Medicine and Sleep Disorders Research (PRIDE) Trainee, U.S. Department of Health and Human Services, National Heart, Lung, and Blood Institute</b>	<b>2021</b>
<b>Sigma theta Tau International Honor Society of Nursing, Alpha Epsilon Chapter, Emory University</b>	<b>2019</b>
<b>Improving Health Outcomes in Chronic Conditions (T32), Emory University</b> Reappointment	<b>2019</b>
<b>Improving Health Outcomes in Chronic Conditions (T32), Emory University</b>	<b>2018</b>
<b>Shining Star, Care Alliance Health Center</b> Awarded in grateful appreciation for extraordinary commitment and dedication to the goals of Care Alliance Health Center and for most billable encounters in Medical for FY 2017	<b>2018</b>
<b>Rapid DPI Team Award, Care Alliance Health Center</b> For commitment to launching rapid DPI at Care Alliance Health Center	<b>2018</b>
<b>Nurse Corps Loan Repayment Program, U.S. Department of Health and Human Services, Health Resources and Services Administration, Bureau of Health Workforce</b>	<b>2015, 2016</b>
<b>Clinical and Translational Scientist Training Program Trainee (TL1), Case Western Reserve University</b> Reappointment	<b>2013</b>
<b>Graduate Student Senate Achievement Award, Case Western Reserve University</b> Awarded to graduate students who have been nominated by a university faculty, staff, or student for their contributions that improve the campus community and/or surrounding Cleveland community	<b>2012</b>
<b>Clinical and Translational Scientist Training Program Trainee (TL1), Case Western Reserve University</b>	<b>2011, 2012</b>
<b>Michigan College Foundation Grant, Southwestern Michigan College Foundation</b>	<b>2005, 2006, 2007</b>
<b>Educational Scholarship, Haitian Congress to Fortify Haiti</b>	<b>2005, 2007</b>
<b>Michigan Tuition Grant, Michigan Department of Education</b> Office of Postsecondary Financial Planning	<b>2004, 2005, 2006, 2007, 2008</b>
<b>Michigan College Foundation Grant, Southwestern Michigan College Foundation</b>	<b>2004, 2005, 2006, 2007, 2008</b>
<b>Manager's Appreciation Award, A&amp;W</b> Excellence Award for Displaying Teamwork and Commitment	<b>2004</b>
<b>Federal Pell Grant, United States Department of Education</b>	<b>2003, 2004, 2005, 2006, 2007, 2008</b>
<b>Federal Supplemental Educational Opportunity Grant, United States Department of Education</b>	<b>2003, 2004, 2005</b>
<b>Michigan Merit Award Scholarship, Michigan Department of Education</b>	<b>2003, 2004</b>
<b>Andrews Partnership Scholarship, Andrews University</b>	<b>2003, 2004, 2005, 2006, 2007, 2008</b>
<b>Andrews Gift Scholarship, Andrews University</b>	<b>2003, 2004, 2005, 2006, 2007, 2008</b>

## Publications

### Published

**Balthazar, M.S.** (2017) Methods and Approaches to HIV Prevention. *Journal of the Association of Nurses in AIDS Care*. DOI: <http://dx.doi.org/10.1016/j.jana.2016.09.005>

**Balthazar, M.S.,** Diallo, I., Pak, V. M. (2020) Metabolomics of Sleep Disorders in HIV: A Narrative Review. *Sleep and Breathing Physiology and Disorders*. DOI: <https://doi.org/10.1007/s11325-019-01993-2>

**Balthazar, M.S.,** Webel, A., Gary, F., Burant, C., Totten, V., Voss, J. (2020) Sleep and Immune Function Among People Living with Human Immunodeficiency Virus (HIV). *AIDS Care*. DOI: <https://doi.org/10.1080/09540121.2020.1770180>

Furman, L., Pettit, S., **Balthazar, M.S.,** Williams, K., O’Riordan, M. A. (2020) Barriers to Post-Placental Intrauterine Device Receipt Among Expectant Minority Women. *The European Journal of Contraception and Reproductive Health Care*. DOI: <https://doi.org/10.1080/13625187.2020.1852398>

Sherman, A. DF., McDowell, A., Clark, K., Klepper, M., **Balthazar, M.S.,** & Bower, K. (2021). Transgender and Gender Diverse Health Education for Future Nurses: Students’ Knowledge and Attitudes. *Nurse Education Today*. DOI: <https://doi.org/10.1016/j.nedt.2020.104690>

Phillips, J.C., Hidayat, J., Clark, K.D., Melisek, J., **Balthazar, M.S.,** Beck, A.G.D, Moore, S.E., Rose, C.D. (2021). A Review of the State of HIV Nursing Science with Sexual Orientation, Gender Identity/Expression (SOGI) Peoples. *Journal of the Association of Nurses in AIDS Care*. DOI: <https://doi.org/10.1097/JNC.0000000000000250>

Sherman, A. DF, Allgood, S., Alexander, K., Klepper, M., **Balthazar, M.S.,** Cannon, C., Campbell, J. (2021). Transgender and Gender Diverse Community Connection, Help-Seeking, and Mental Health among Black Transgender Women who have Survived Violence: A mixed-methods analysis. *Violence Against Women*. DOI: <https://doi.org/10.1177/10778012211013892>

Sherman, A. DF, **Balthazar, M.S.,** Klepper, M., Febres-Cordero, S., Valmeekanathan, A., Prakash, D., Cimino, A.N., Wharton, W., Kelly, U. (2021) Approach and Avoidant Coping among Black Transgender Women who have Experienced Violence: A Qualitative Analysis. *Psychological Services*. DOI: <http://dx.doi.org/10.1037/ser0000581>

Sherman, A. D. F., Cimino, A. N., **Balthazar, M.S.,** Bonds, K., Burns, D., Denisse Otiniano Verissimo, A., Campbell, J. C., Tsuyuki, K., & Stockman, J. K. (In Press). Discrimination, Depression, Post-traumatic Stress Disorder, and Social Support among Black Cisgender Women. *Journal of Healthcare for the Poor and Underserved*.

### Under Review

Phillips, V., Quest, T., Higgins, M., Marconi, V., **Balthazar, M.S.,** Holstad, M., (Under Review) A Cost-Effectiveness Analysis of early Palliative Care Plus Motivational Interviewing Compared to Standard of Care for Persons Living with AIDS: Results from the Living Well Trial. *Annals of Behavioral Medicine*.

Sherman, A. DF, **Balthazar, M.S.,** Daniel, G., Bonds, K., Klepper, M., Clark, K., Cicero, E., & Poteat, T. (Under Review). Barriers to Accessing and Engaging in Healthcare among Black Transgender Women Survivors of Violence. *PLOS One*.

Hill, M, Robinson, D, Wright, E, Ford, A, Radix, A, **Balthazar, MS,** Bonds, K, Sevelius, J, Hansen, N. (Under Review) An examination of help-seeking for HIV, gender, and other important matters and identification key confidants within the social networks of transgender women living with HIV. *Journal of the International AIDS Society*.

Mueller, K. J., **Balthazar, M. S.**, Hamilton, J. B., Kimble, L. P. (Under Review) Integrating the Social Determinates of Health into Pe-Licensure Nursing Pharmacology. *Journal of Nursing Education*.

Pac, V. M., Paul, S., Swieboda, D., **Balthazar, M. S.**, Wharton, W. (Under Review) Sleep Duration and Biomarkers of Inflammation in African American and White Participants with a parental History of Alzheimer's Disease. *Alzheimer's & Dementia*

Waldrop, D., Murden, R., Montilus, MC., **Balthazar, M. S.**, Irwin, C., Holstad, M., Ownby, R. L. (Under Review) Durable Viral Suppression Among Persons Living with HIV in the US Deep South: An Observational Study. *AIDS Care*.

### In Progress

Sherman, A. DF, **Balthazar, M.S.**, Zhang, W., Febres-Cordero, S., Klepper, M., Daniel, G., Hien, D., & Kelly, U. (In Progress). Seeking Safety: A systematic review and meta-analysis of effective dose response for treating comorbid post-traumatic stress and substance use. *TBD*.

Sherman, A. DF, Bonds, K., **Balthazar, M.S.**, Daniel, G., Robinson, K., Zhang, W., Smith, K., & Poteat, T. (In Progress). Intersectionality in Nursing Research: An Integrative Review. *TBD*.

## Presentations

### Oral

Sherman, A. D. F., **Balthazar, M.S.**, Zhang, W., Febres-Cordero, S., Klepper, M., Daniel, G., Hien, D., & Kelly, U. (2020). Seeking Safety: A systematic review and meta-analysis of effective dose response for treating comorbid post-traumatic stress and substance use. Virtual Oral Presentation. *American Psychiatric Nurses Association 34<sup>th</sup> Annual Conference*. Virtual.

Sherman, A. DF., **Balthazar, M.S.**, Daniel, G., Bonds, K., Klepper, M., Clark, K., Baguso, G., Cicero, E., Wharton, W., & Poteat, T. (2020, September) Barriers to Accessing and Engaging in Healthcare and Associations with Mental Health among Black Transgender Women Survivors of Violence. Virtual Oral Presentation. *American Psychiatric Nurses Association 34<sup>th</sup> Annual Conference*. Virtual

**Balthazar, M.S.**, Webel, A., Gary, F., Burant, C., Totten, V., Voss, J. (2020, July) Sleep and Immune Function Among People Living with Human Immunodeficiency Virus (HIV). Virtual Oral Presentation. *The Sigma Theta Tau International Honor Society of Nursing 31<sup>st</sup> International Nursing Research Congress*. Virtual.

**Balthazar, M.S.** (2017, April) The Impact of Population Characteristics and Health Behaviors on the Immunologic Function of People Living with HIV/AIDS in a Midwestern City. Podium Presentation. *The Midwest Nursing Research Society (MNRS) 41<sup>st</sup> Annual Research Conference*. Minneapolis, MN.

### Poster

Sherman, A. D. F., Peitzmeier, S., Cimino, A. N., **Balthazar, M. S.**, Klepper, M., Chand, A. T., Clark, K. D., & Campbell, J. (2021, May). Risks of Intimate Partner Homicide and Severe Reassault among Transgender and Gender Diverse Intimate Partner Violence Survivors: Preliminary findings from community listening sessions. Poster Presentation. *2021 National LGBTQ Health Conference*. Chicago, IL

Klepper, M., **Sherman, A. D. F.**, Balthazar, M., Febres-Cordero, S., Valmeekanathan, A., Prakash, D., Cimino, A., Wharton, W., & Kelly, U. (2020, November). Approach and Avoidant Coping for Black Transgender Women who

have Experienced Violence: A secondary Framework Analysis. Poster Presentation. *International Society for Traumatic Stress Studies (ISTSS) 36<sup>th</sup> Annual Conference*. Virtual.

**Balthazar, M. S.** (2014, March) The Impact of Population Characteristics and Health Behaviors on the Immunologic Function of People Living with HIV/AIDS in a Midwestern City. Poster Presentation. *The Medical Scientist Training Program/Clinical and Translational Scientist Training Program 2014 Winter Retreat*. Cleveland, OH.

### Invited

**Balthazar, M. S.** (2021, September) Improving Health Outcomes by Translating Research into Clinical Practice. PowerPoint Presentation. *Georgia State University, Byrdine F. Lewis College of Nursing and Health Professions, Nursing PhD Intensives*. Atlanta, GA.

**Balthazar, M. S.** (2020, November) "Is Your Success Really Successful". Podcast Presentation. *M.A.D. Casters, The Podcast*. Virtual.

**Balthazar, M. S.** (2020, October) Sleep and Health Among People Living with Human Immunodeficiency Virus. PowerPoint Presentation. *Georgia State University, Byrdine F. Lewis College of Nursing and Health Professions, Lewis College Seminar Series*. Atlanta, GA.

**Balthazar, M. S.** (2020, June) "Socioeconomic Disadvantages in the Health Care System". Podcast Presentation. *Let's Talk Health*. Virtual.

**Balthazar, M. S.** (2020, June) Office of Nursing Research Postdoctoral Trainee Research in Progress. PowerPoint Presentation. *Emory University Nell Hodgson Woodruff School of Nursing, Research Roundtable*. Atlanta, GA.

**Balthazar, M. S.** (2019, July) "The Kids Need to Turn Down Too". Podcast Presentation. *The Purple Stethoscope*. Virtual.

**Balthazar, M. S.** (2019, July) "Turn Down for Sleep". Podcast Presentation. *The Purple Stethoscope*. Virtual.

**Balthazar, M. S.** (2019, April) Office of Nursing Research T32 Trainee Research in Progress. PowerPoint Presentation. *Emory University Nell Hodgson Woodruff School of Nursing, Research Roundtable*. Atlanta, GA.

## Leadership Activities

Co-Founder and Core Member, Health Disparities Working Group January 2020 – Present

## Editorial Activities

Peer Reviewer, *AIDS Care* August 2019 - Present

Peer Reviewer, *HIV Research & Clinical Practice* August 2020 – Present

## Professional Memberships

- Member, Association of Nurses in AIDS Care
- Member, American Nurses Association, Atlanta Metro Chapter

- Member, Association of Nurses in AIDS Care, Metro Atlanta Chapter
- Member, Sleep Research Society
- Member, International Association of Physicians in AIDS Care
- Member, American Association of Critical Care Nurses
- Member, American Association for the Advancement of Science
- Member, American Nurses Association, Georgia State
- Member, American Nurses Association, National
- Member, Sigma Theta Tau International, Alpha Epsilon Chapter

### Professional Service

President Elect, Sigma Theta Tau International, Alpha Epsilon Chapter May 2021 - Present

### University Service

Voting Member, Student Affairs Committee/Scholarships August 2021 - Present  
Georgia State University, Byrdine F. Lewis College of Nursing and Health Profession

Professional Programs Executive, PhD Student Nurses Association September 2011 - June 2012  
Case Western Reserve University

Graduate Student Senate Executive, Professional Programs September 2011 - June 2012  
Case Western Reserve University

Secretary, Andrews University Student Association August 2005 - May 2008  
Andrews University

Accounts Payable Coordinator, Black Student Christian Fellowship August 2004 - May 2008  
Andrews University

Student Ambassador August 2004 - May 2008  
Andrews University

### Community Service

Health and Wellness Secretary April 2004 - May 2008  
Alpha Sigma Delta Sorority

### Hobbies and Interests

200-Hour Hatha Yoga Teacher Certification September 2020  
Tough Love Yoga, Atlanta, GA

Certified Juvederm Injector September 2020

The Injectable Academy, Alpharetta, GA

**Certified Botox Injector**

**September 2020**

The Injectable Academy, Alpharetta, GA

**YogaHour Teacher Certification**

**February 2021**

Tough Love Yoga, Atlanta, GA

**300-Hour Advanced Hatha Yoga Teacher Certification**

**August 2021**

Yoga Oasis, Tuscan, AZ